## THAT WHICH IS CLAIMED:

- 1. A disposable slipper structured to be adhered to the bottom of a human foot so that the slipper protects the foot, the slipper comprising:
- a flexible base layer having first and second sides and a peripheral edge generally defining an outline of a human foot; and

a releasable hypoallergenic adhesive at least partially disposed on the first side of said base layer and structured to adhere the slipper to the bottom of the foot such that the second side of said base layer is directed away from the foot thereby protecting the foot.

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- 2. A slipper according to Claim 1 wherein said base layer is formed of foam.
- 3. A slipper according to Claim 1 wherein said base layer is formed of at least one of the group consisting of foam rubber and a blown polymer.

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- 4. A slipper according to Claim 1 further comprising a releasable backing layer disposed on said adhesive opposite said base layer and structured to be removed from said adhesive so that said adhesive and said base layer can be adhered to the foot.
- 5. A slipper according to Claim 4 wherein said backing layer is formed of paper with a release coating.
  - 6. A slipper according to Claim 1 wherein said base layer has a thickness of between about 0.1 inch and about 1 inch.

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- 7. A pair of disposable slippers for adhering to a pair of left and right human feet and protecting the feet during a beauty procedure, each slipper of the pair comprising:
- a flexible base layer having first and second sides, said base layer having a peripheral edge that defines an outline generally corresponding to a respective one of the left and right human feet;

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- a releasable hypoallergenic adhesive disposed on the first side of said base layer and structured to adhere the corresponding slipper to the bottom of the respective foot such that the second side of said base layer is directed away from the respective foot thereby protecting the foot; and
- a releasable backing layer disposed on said adhesive opposite said base layer, said releasable backing layer being structured to be removed from said adhesive so that said adhesive and said base layer can be adhered to the respective foot.
- 8. A pair of slippers according to Claim 7 wherein each of said base layers is formed of foam.
  - 9. A pair of slippers according to Claim 7 wherein each of said base layers is formed of at least one of the group consisting of foam rubber and a blown polymer.
  - 10. A pair of slippers according to Claim 7 wherein each of said base layers has a thickness of between about 0.1 inch and about 1 inch.
- 11. A pair of slippers according to Claim 7 wherein each of said backing layers is formed of paper with a release coating.

12. A method of making a slipper for protecting a foot, the method comprising:

forming a flexible base layer having first and second opposite sides and a peripheral edge generally defining an outline of the foot; and disposing an adhesive on the first side of the base layer.

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- 13. A method according to Claim 12 wherein said forming step comprises forming the base layer of foam.
- 10 14. A method according to Claim 12 wherein said forming step comprises forming the base layer of at least one of the group consisting of foam rubber and a blown polymer.
- 15. A method according to Claim 12 wherein said forming step comprises forming a pair of the slippers, the pair including left and right slippers having peripheral edges that correspond to left and right human feet, respectively.
  - 16. A method according to Claim 12 further comprising disposing a releasable backing layer on the adhesive opposite the base layer.

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- 17. A method according to Claim 16 further comprising providing the releasable backing layer by disposing a release coating on a paper layer.
- 18. A method according to Claim 12 further comprising packaging at least two of the slippers in a container.

19. A method of using a slipper having a flexible base layer with an adhesive on a first side thereof for protecting a foot, the method comprising:

pressing the first side of the base layer against a bottom of the foot and thereby adhering the base layer to the foot; and

5 peeling the base layer from the foot.

- 20. A method according to Claim 19 further comprising removing a releasable backing layer from the slipper before said pressing step.
- 10 21. A method according to Claim 19 further comprising applying polish on toenails of the foot before said peeling step such that the polish is wet at least partially while the slipper is adhered to the foot.